

1

NO
POVERTY



1. How would supporting this SDG benefit your community?
2. What activity or community service have you done related to this SDG?
3. What organizations support this SDG?
4. What was your first job?
5. What is a Project Management skill, tool or resource that can increase sustainability in projects?
6. How could a non-profit benefit from using project management skills?
7. Why do you volunteer?
8. Have you pledged your 2023 Hours for Impact service hours?
9. What is your favorite food?
10. Share a story about a community service project you worked on that surprised you.

2

**ZERO
HUNGER**



1. How would supporting this SDG benefit your community?
2. What activity or community service have you done related to this SDG?
3. What organizations support this SDG?
4. What was your first job?
5. What is a Project Management skill, tool or resource that can increase sustainability in projects?
6. How could a non-profit benefit from using project management skills?
7. Why do you volunteer?
8. Have you pledged your 2023 Hours for Impact service hours?
9. What is your favorite food?
10. Share a story about a community service project you worked on that surprised you.

3 GOOD HEALTH AND WELL-BEING



1. Share a tip for self-care and/or relieving stress.
2. What activity or community service have you done related to this SDG?
3. Tell me about a time you and your partner or your work colleagues or some friends completed a community project together.
4. Finish this sentence: The most rewarding volunteer work I have done is....
5. Which project management tool or resource do you use when you volunteer?
6. What are three words that describe why you volunteer?
7. Describe your most memorable volunteer experience.
8. What is a skill that volunteering helped you improve or develop?
9. Who has had the most impact on your life so far?
10. Tell me about the best t-shirt you ever received from a volunteering opportunity.

4

**QUALITY
EDUCATION**



1. Share a tip for self-care and/or relieving stress.
2. What activity or community service have you done related to this SDG?
3. Tell me about a time you and your partner or your work colleagues or some friends completed a community project together.
4. Finish this sentence: The most rewarding volunteer work I have done is
5. Which project management tool or resource do you use when you volunteer?
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7. Describe your most memorable volunteer experience.
8. What is a skill that volunteering helped you improve or develop?
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5

**GENDER
EQUALITY**



1. How would supporting this SDG benefit your community?
2. What activity or community service have you done related to this SDG?
3. What organizations support this SDG?
4. How would you find an organization that supports this SDG so you can volunteer?
5. How can Project Managers encourage inclusion in projects?
6. How could a non-profit benefit from using project management skills?
7. Why do you volunteer?
8. Have you pledged your 2023 Hours for Impact service hours?
9. What kind of events does your Chapter Social Impact Lead help engage your members to do?
10. Share a story about a community service project you worked on that surprised you.

6 CLEAN WATER AND SANITATION



1. How would supporting this SDG benefit your community?
2. What activity or community service have you done related to this SDG?
3. What organizations support this SDG?
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5. How can Project Managers encourage inclusion in projects?
6. How could a non-profit benefit from using project management skills?
7. Why do you volunteer?
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9. What kind of events does your Chapter Social Impact Lead help engage your members to do?
10. Share a story about a community service project you worked on that surprised you.

7 AFFORDABLE AND CLEAN ENERGY



1. What is an energy saving tip that you do at home?
2. Tell me about a time you worked for a promotion at work and someone else got it.
3. What organizations support this SDG?
4. How would you find an organization that supports this SDG so you can volunteer?
5. What is a Project Managers responsibility in delivering sustainable projects?
6. Tell me about a time you realized you or someone wasn't being compensated or recognized fairly.
7. About how many hours a year do you volunteer?
8. What have you learned recently that that has really improved your life?
9. Finish this sentence: It's always a great day at work when I get to ...
10. What song describes your volunteer experience.

8

**DECENT WORK AND
ECONOMIC GROWTH**



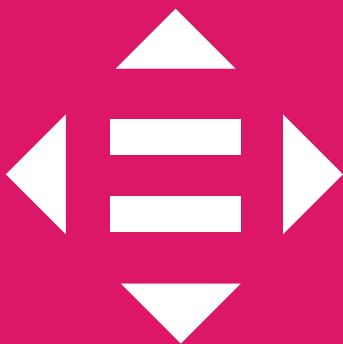
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9. Finish this sentence: It's always a great day at work when I get to ...
10. What song describes your volunteer experience

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



1. What does the sustainable city of the future look like?
2. Tell me about a time you worked for a promotion at work and someone else got it.
3. What organizations support this SDG?
4. What is the best advice you have ever received?
5. What can I do to support this SDG?
6. Tell me about a time you realized you or someone wasn't being compensated or recognized fairly.
7. About how many hours a year do you volunteer?
8. What have you learned recently that that has really improved your life?
9. Finish this sentence: It's always a great day at work when I get to...
10. What two skills have you learned from volunteering?

10 REDUCED INEQUALITIES



1. What does the sustainable city of the future look like?
2. Tell me about a time you worked for a promotion at work and someone else got it.
3. What organizations support this SDG?
4. What is the best advice you have ever received?
5. What can I do to support this SDG?
6. Tell me about a time you realized you or someone wasn't being compensated or recognized fairly.
7. About how many hours a year do you volunteer?
8. What have you learned recently that that has really improved your life?
9. Finish this sentence: It's always a great day at work when I get to ...
10. What two skills have you learned from volunteering?

11 SUSTAINABLE CITIES AND COMMUNITIES



1. What can I do to support this SDG?

What is the best volunteer gift (cap, t-shirt, coffee mug, etc) you ever received for volunteering?
2. What organizations support this SDG?
3. How would you find an organization that supports this SDG so you can volunteer?
4. What does the sustainable city of the future look like?
5. What professional/work skill comes in handy to support this SDG?
6. What makes a community sustainable?
7. Name and describe one of your personal heroes.
8. Finish this sentence: It's always a great volunteering experience when I get to ...
9. What business book have you read lately?
- 10.

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**RESPONSIBLE
CONSUMPTION
AND PRODUCTION**



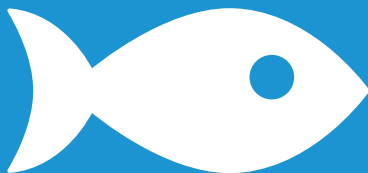
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10. What business book have you read lately?

13 CLIMATE ACTION



1. What temperature setting do you use at home?
2. How have you noticed a change in our climate?
3. What is an example of sustainable seafood?
4. How would you find an organization that supports this SDG so you can volunteer?
5. What two possessions are most important to you?
6. What professional/work skill comes in handy to support this SDG?
7. What makes our oceans sustainable?
8. If you could instantly change one habit in your life, what would it be?
9. Finish this sentence: One of the ways in which I see myself changing is ...
10. What is an important decision you made in the last year?

14 LIFE BELOW WATER



1. What temperature setting do you use at home?
2. How have you noticed a change in our climate?
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4. How would you find an organization that supports this SDG so you can volunteer?
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15

LIFE
ON LAND



1. How many automobiles are in your household?
2. What does an inclusive institution look like?
3. What is an example of reversing land degradation?
4. Name an organization that supports this SDG.
5. Tell me something in your life that gives you joy or positive energy.
6. Forests are home to more than 80% of all terrestrial species of animals, plants and insects. What is your favorite type of tree?
7. Why is bio-diversity so important?
8. What's been the best day of your professional life so far?
9. What do people always depend on you for?
10. If you could live any place in the world, where would you choose and why?

16 PEACE, JUSTICE AND STRONG INSTITUTIONS



1. How many automobiles are in your household?
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3. What is an example of reversing land degradation?
4. Name an organization that supports this SDG.
5. Tell me something in your life that gives you joy or positive energy.
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10. If you could live any place in the world, where would you choose and why?

17 PARTNERSHIPS FOR THE GOALS



1. What is the main objective of your volunteer team?
2. What have you enjoyed most about this event so far?
3. What about volunteering brings you joy?
4. Outside of PMI, are you a recurring volunteer? What are you doing and for how long? Tell me what keeps you serving in this role?
5. How has being a volunteer helped your professional career?
6. What advice would you give someone looking to make positive impact in their community?
7. Tell me about a positive outcome from your community service project or volunteering experience.
8. Have you pledged your 2023 Hours for Impact service hours?
9. What is one sustainable practice that you do at home?
10. Tell me about a Summit attendee that you met today. Where are they from or what goals is their team working on?



PMI
Hours
for Impact™

**SUSTAINABLE
DEVELOPMENT
GOALS**

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