PMI Training
formerly SeminarsWorld®

#PMITraining

Discover Your Superpower and Unleash Your Career

Instructor: Kathy Mendias, PMP
Prework: None

Length: Half-day
CEUs: 0.4/see below for PDU breakdown

Level: Core
Training Topic: Power Skills
Subtopics: Leadership Development, Influencing

Training Description:

Everyone has a superpower that makes us who we are, but do you know what that superpower is? Being able to identify and draw from that superpower can set you apart from others and assist you as you participate in a team, when you need to lead others, and when you are advancing your career.

As a project manager and leader in the field, superpowers that enhance your role as leader and change agent are crucial; most of the time, we ignore our superpowers, as well as our pitfalls.

This exploratory training is designed for new leaders, those looking to advance their career, and experienced professionals looking for a fresh perspective. This training provides an opportunity for learners to take a deep dive into motivators, behaviors, techniques, and superpowers that are sure to awaken the superhero deep inside each of us!

Through storytelling, exploratory exercises and engaging discussions, participants will be able to apply learnings to their career that will enhance their leadership skills and techniques, help discover the positive attributes of their career and how to apply them to the future, and prepare for the unknown unknowns that lie ahead — as a superhero leader.

Learning Objectives:

Upon completion of this training, participants will be able to:
- Identify three positive attributes of a leader — superpowers
- List three negative attributes of a leader
- Recognize positive attributes within the learner that enhances career advancement
- Describe two steps to advancing careers
- Utilize behaviors and techniques to lead teams through successful projects

Agenda

Hour 1

- Introductions & Overview
- Personal Skills, Motivators and Attributes
- Developing and Sustaining a Personal Path and Journey Log

Hour 2

- Career Transitions
- Mentoring, Exploring and Networking
- Communication and Behaviors That Stand Out in a Crowd
- Navigating a Virtual Career

Hour 3

- Recognizing Your Superpower
- "I am" — Exercise in Discovering Your True North
- Private Passions — Exercise in Recognizing Inner Rewards and Desires
- Discussion on Applying Passions to Your True North

Hour 4

- Superheros are Leaders
- Applying Your Superpower
- Superpower Translates to Super Leader
- "Follow Me Because" — Exercise in Leadership Development

Professional development units (PDUS) are 1-hour blocks of time spent learning. By attending this training, you will be able to achieve the following PDUs to maintain your certification status with PMI. View how your PDUs align with the PMI Talent Triangle®.

	Technical	Leadership	Strategic	Total
CAPM® / PMP® / PgMP®	0	4	0	4.00
PMI-ACP® / Agile*	0	4	0	4.00
PMI-SP®	0	4	0	4.00
PMI-RMP®	0	4	0	4.00
PfMP®	0	4	0	4.00
PMI-PBA®	0	4	0	4.00

Please note that the asterisked row above applies to the PMI® Agile Certification Journey and includes Disciplined Agile® Scrum Master (DASM), Disciplined Agile® Senior Scrum Master (DASSM), Disciplined Agile® Coach (DAC), and Disciplined Agile® Value Stream Consultant (DAVSC) certifications.