

SeminarsWorld® Course Agenda

Click [here](#) for additional seminar offerings and schedules

Three-Dimensional (3D) Leadership

Instructor(s): Traci Duez

Pre-work: Yes

Length: 3 days

CEUs: 2.1 / See below for PDU breakdown

Level: Intermediate

Primary Topic: Leadership Development

Subtopics: Communication and Presentation Skills, Motivation, Leading Project Teams

Course Description:

Have you ever wondered why project managers seem to consistently complain about the same problems? Are you tired of the same challenges recurring on each of your projects? Sadly, most project managers and leaders are churning because they are not focusing on the true problem; they are focusing on the symptoms. Finding solutions for the symptoms, i.e. troublesome behaviors, doesn't solve the root cause of the problem.

In this course, you will learn how to better solve the root cause of the problem. You will discover the 'what' and the 'how' of leading in all three dimensions - head, hands, and heart. Leadership isn't merely about changing the behaviors of the human "doing." Exceptional leaders also know how to transform human minds and human hearts. Join us to discover how the best leaders don't shy from emotion but rather embrace emotion as a tool. You will learn the T.E.A.R. model of motivation to impact the minds of your team members. And when it comes to you... we will measure all three dimensions of your life and you will learn how to use your thinking, feeling, and doing talents to become a more powerful, impactful, and authentic leader.

Participants will be required to complete a 3-part assessment prior to the course. The cost of this assessment is \$125 and will be charged at checkout. The assessment cost is non-refundable.

Learning Objectives:

Upon completion of this course, participants will be able to:

- Discover how to use DiSC behavioral assessment to improve communication
- Apply the seven (7) dimensions of motivation to influence behaviors and actions
- Integrate the T.E.A.R. Model into their self-leadership and leadership (thoughts->emotions->actions->results)
- Measure and Practice using your best Emotional Intelligence (EQ) and Thinking Habits (VQ)
- Create Your Purpose, Reclaim Your Power, and Craft Your Plan for becoming a 3-dimensional leader
 - Instructional methods include: case studies, individual exercises, group exercises, simulations, role playing

AGENDA

Day 1:

- | | |
|---|--|
| <ul style="list-style-type: none">• Introduction to 3-D Leadership<ul style="list-style-type: none">○ Definitions○ Traits vs. states○ Head, hands, and heart• Behaviors (Hands)<ul style="list-style-type: none">○ Review participants DiSC profile results○ Group exercise on discovering another's DiSC style(s)○ Leverage each style in communication | <ul style="list-style-type: none">○ Role-play influencing each style○ Create a personal cheat sheet• Power of Emotions Understand the T.E.A.R. model<ul style="list-style-type: none">○ Discover why most models for change don't work○ There are no positive or negative emotions○ Study <i>Atlas of Emotions</i> website○ Increase emotional vocabulary |
|---|--|

Day 2:

- Motivators (Heart)
 - Review participants values/motivators report
 - Learn all 7 motivational styles and 14 driving forces
 - Group exercise on driving forces
 - Case studies on team motivation
- EQs (Emotional Intelligence)
 - Introduction to emotional intelligence
 - Review EQ capacities and EQ readiness scores from assessment

- Thinking & Valuing Habits (Head)
 - Introduction to neuro-axiology
 - Review VQ profile jump start report
 - Individual exercises complete primary biases worksheet
 - Complete primary assets worksheet
 - Rewrite your story

Day 3:

- Application of T.E.A.R. Model
- Using Head, Hands, and Heart to Lead Better
 - Confronting with confidence
 - Group exercises & role-playing for Increasing project sponsor engagement
 - Addressing & motivating a low performer

- Pulling it all together
 - Creating your purpose
 - Reclaiming your power
 - Crafting your plan
- Using the Head, Heart and Hands to Shape Your Stories to Inspire and Lead
- The Power of Celebration

Professional Development Units (PDUS) are one-hour blocks of time spent learning, teaching others, or volunteering. By attending this SeminarsWorld course, you will be able to achieve the following PDUs as learning hours to apply for PMI certification or to maintain your certification status with PMI. [View](#) how your PDUs align with the PMI Talent Triangle®.

	Technical	Leadership	Strategic	Total
CAPM / PMP / PgMP	0	21	0	21.00
PMI-ACP	0	21	0	21.00
PMI-SP	0	21	0	21.00
PMI-RMP	0	21	0	21.00
PfMP	0	21	0	21.00
PMI-PBA	0	21	0	21.00

