



## Agenda

Click [here](#) for additional training and schedules.

## Coach Your Project Team to Greatness!

**Instructor(s):** Maria Fafard

**Prework:** None

**Length:** 1 day

**CEUs:** 0.7/see below for PDU breakdown

**Level:** Intermediate

**Training Topic:** Leadership Development

**Subtopics:** Resource Management, Leading Project Teams

### Training Description:

Coaching skills are essential for motivating and engaging project teams, and therefore are vital for your success as a project manager. Your ability to inspire and empower your team members is especially important today as we wrestle with the challenges of our new reality amid the pandemic.

Join us for this highly interactive, in-depth training, and learn how to empower and inspire your team members to boost your team's productivity by using a coaching mindset and skills. The training engages you in deep, experiential exploration of coaching competencies and their application in a project management context. Our focus will be on enabling you to develop and practice active listening, powerful questioning, direct communication, and designing actions.

The training relies on the extensive use of hands-on exercises and storytelling. You will have many opportunities to practice your newly acquired skills via individual and group exercises, simulations, role play, and case studies. Your learning experience is gamified and uses competitions, quizzes, and surveys to maximize interactivity and learning. Upon completion of this training, you will leverage coaching skills to make a greater impact in your organization and increase productivity, engagement, and communication on your project team. It will be even more exciting and valuable when you apply these competencies to help you empower the transformation of individuals, teams, and organizations as well as facilitate your own personal growth, development, and career advancement.

### Learning Objectives:

*Upon completion of this training, learners will be able to:*

- Coach project team members by using coaching skills such as active listening, powerful questioning, direct communication, and designing actions.
- Understand the distinction between coaching, mentoring, and training and enrich your leadership toolkit by adding a coaching module to it.
- Recognize the relevance and power of coaching to create business impact in a project management context.

### AGENDA

1. Value of Coaching in a Project Management Context
2. Coaching 101: What Coaching Is and What It Is Not (the distinction between directive and nondirective coaching)
3. Reimagining Project Managers as Coaches
4. Coaching in a Virtual Environment

5. Core ICF Competencies: Foundation (cocreating the relationship; communicating effectively; facilitating learning and results)
6. Coaching Exercises and Demonstrations
7. Coaching Mindset, Tools, and Techniques (active listening; presence; powerful questions; observations and intuition; language, energy, richness, and depth; transformational versus transactional coaching; shifts in perspective)
8. Coaching Process: How to Lead a Coaching Session
9. Advancing Your Knowledge and Career (certifications; classes; professional organizations)

**Professional development units (PDUs)** are 1-hour blocks of time spent learning, teaching others, or volunteering. By attending this training, you will be able to achieve the following PDUs as learning hours to apply for PMI certification or to maintain your certification status with PMI. [View](#) how your PDUs align with the PMI Talent Triangle®.

	Technical	Leadership	Strategic	Total
<b>CAPM® / PMP® / PgMP®</b>	0	7	0	7.00
<b>PMI-ACP® / Agile*</b>	0	7	0	7.00
<b>PMI-SP®</b>	0	7	0	7.00
<b>PMI-RMP®</b>	0	7	0	7.00
<b>PfMP®</b>	0	7	0	7.00
<b>PMI-PBA®</b>	0	7	0	7.00

*\*Please note that the asterisked row above applies to the PMI® Agile Certification Journey and includes DASM™, DASSM™, DAC™, and DAVSC™ certifications.*