

## SeminarsWorld® Course Agenda

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# Agile Project Management: Applying Basic Agile Principles in Traditional Project Environments

**Instructor(s):** Lisa Hammer, PMP, DASSM  
David Newman, PMI-ACP, PMP, DASSM  
**Length:** 2 days  
**CEUs:** 1.4 / See below for PDU breakdown  
**Pre-work:** None

**Level:** Core  
**Primary Topic:** Project Management/Business Analysis  
**Subtopics:** Agile, Agile Life Cycle, Stakeholder Engagement

### Course Description:

Agile. A buzzword? A methodology? A way of thinking? Yes. It's all of these things and more and you may have even heard it enough that you're starting to think it is yesterday's fad. Think again! Agile development simply means operating successfully within a change-driven environment. The agile mindset had come of age as demonstrated by the acceptance of agile methods in both the private and public sectors. Originally documented as a set of software-development methodologies, the project management industry has come to accept the reality that we are all working within a change-driven environment.

Project development life cycles from the traditional (waterfall) through iterative and to adaptive (agile) have a doctrine for dealing with change. They vary from resistance to open acceptance, but the one constant is change. How we deal with dynamic inputs and moving targets often marks the difference between success and failure?

In this seminar, we will explore the *Agile Practice Guide*® (2017, The Project Management Institute). This revolutionary work is the result of the first collaboration between the Agile Alliance and PMI. It's an exciting time in the evolution of project management practices. Whether you are at the beginning of your project management journey or an experienced practitioner thinking about "going agile," this seminar will help you apply flexibility through the values and principles of agile to a wide spectrum of project management challenges.

### Learning Objectives:

*Upon completion of this course, participants will be able to:*

- Describe agile processes and the agile mindset from the perspective of the *Agile Practice Guide*®.
- Understand and identify various life cycle development models and determine which method or combination of methods should be applied to a project in the initiation and planning phases.
- Apply various agile principles to resolve common project management challenges during project execution.
- Associate the benefits and risks of agile development within your environment to facilitate resource optimization and reporting when monitoring and controlling project work.

## AGENDA

### DAY 1

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| <ul style="list-style-type: none"><li>• An Overview of Agile Project Management<ul style="list-style-type: none"><li>○ Agility: What it means to us as project managers</li><li>○ The founding principles</li><li>○ Your manifesto</li></ul></li><li>• Process and Methodologies<ul style="list-style-type: none"><li>○ The Scrum process</li><li>○ The development life cycle: Scrum vs. traditional</li><li>○ The concept of continuous development</li></ul></li></ul> | <ul style="list-style-type: none"><li>• Agile Communications<ul style="list-style-type: none"><li>○ Standard project communications</li><li>○ The communications formula</li><li>○ Planning your communications</li></ul></li><li>• Decision Making<ul style="list-style-type: none"><li>○ Driving empowerment downward</li><li>○ Work stopping decisions</li><li>○ Continuous process improvement</li></ul></li></ul> |
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**DAY 2**

- An Abbreviated Project Management Process
    - Getting team buy-in
    - Predict and prevent problems
    - The cyclic linear process
  - The Agile Stakeholder
    - Interpersonal skills toolbox
- Management skills toolbox
  - The Communications Planner
  - Employee Engagement
    - The Engagement Matrix®
    - Creating the environment
    - Happiness in the workplace

**Professional Development Units (PDUS)** are one-hour blocks of time spent learning, teaching others, or volunteering. By attending this SeminarsWorld course, you will be able to achieve the following PDUs as learning hours to apply for PMI certification or to maintain your certification status with PMI. [View](#) how your PDUs align with the PMI Talent Triangle®.

	Technical	Leadership	Strategic	Total
<b>CAPM / PMP / PgMP</b>	14	0	0	14.00
<b>PMI-ACP</b>	14	0	0	14.00
<b>PMI-SP</b>	0	0	0	0.00
<b>PMI-RMP</b>	5	0	0	5.00
<b>PfMP</b>	0	0	0	0.00
<b>PMI-PBA</b>	0	0	0	0.00




