

## SeminarsWorld® Course Agenda

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### Agile and the PMO: Field Tested Approaches to Running Impactful Agile Projects

**Instructor(s):** Steven Martin

**Length:** 2 days

**Pre-work:** None

**CEUs:** 1.4 / See below for PDU breakdown

**Level:** Intermediate

**Primary Topic:** Project Management Business Analysis

**Subtopics:** Agile, Agile Life Cycle, Project Management Office PMO

#### Course Description:

From our experience, when it comes to running projects with an agile approach, such as Scrum or Kanban, it's not necessarily the actual execution where there is the most churn or confusion. This is just where the issues tend to surface.

It is essential to set projects up for success with the appropriate agile mindset all the way at the beginning of the initiative. We've seen those that make the investment of applying agile thinking and execution over the entire project life cycle tend to end up with accelerated project delivery, higher quality, lower risk, and more satisfied stakeholders.

This highly interactive seminar starts with a brief overview of the *Agile Manifesto* and *12 Agile Principles*, and how these concepts can be practically applied to projects. We'll then walk through the typical stages of agile-based projects, from feasibility, to initiation, to release planning, to execution, and then close out. We'll cover both theory and field-tested techniques to help guide more successful projects. We'll end with a practical application of the principles and learnings through a mock 60-minute scrum.

We'll see also how the role of a project manager transitions in an agile environment, including the use of both tools and practices along with culture changes. Go beyond just "doing" agile—learn the approach of how to "be" more agile for greater outcomes.

#### Learning Objectives:

*Upon completion of this course, participants will be able to:*

- Understand the practical implications of the agile manifesto and principles to projects
- Learn how to apply agile thinking and practices over a project life cycle
- Identify what toolsets and culture changes PMOs need to apply to enable more agile execution
- Determine action plans for the approaches attendees' learned that they want to try at their organizations

#### AGENDA

##### DAY 1

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| <ul style="list-style-type: none"><li>• Seminar Overview &amp; Objectives</li><li>• Exercise: Howdy Neighbor</li><li>• Question Backlog</li><li>• What's the Problem?</li><li>• Core Agile Concepts</li><li>• Marshmallow Challenge</li></ul> | <ul style="list-style-type: none"><li>• Feasibility Overview</li><li>• Initiation Overview</li><li>• Prioritization</li><li>• Release Planning</li><li>• Sizing and Velocity</li><li>• Day 1 Closeout</li></ul> |
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**DAY 2**

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| <ul style="list-style-type: none"> <li>• Day 2 Kickoff</li> <li>• Day 1 Retrospective</li> <li>• Release Planning “Capstone” – Fruit Salad</li> <li>• Sprint 0</li> <li>• Working Inside Iterations</li> <li>• Higher Performing Teams</li> </ul> | <ul style="list-style-type: none"> <li>• Prep for 60 Minute Scrum (Sprint 0)</li> <li>• Execute 60 Minute Scrum</li> <li>• Project Closeout</li> <li>• Scrum Implementation Considerations</li> <li>• Next Steps</li> <li>• Course Closeout</li> </ul> |
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**Professional Development Units (PDUS)** are one-hour blocks of time spent learning, teaching others, or volunteering. By attending this SeminarsWorld course, you will be able to achieve the following PDUs as learning hours to apply for PMI certification or to maintain your certification status with PMI. [View](#) how your PDUs align with the PMI Talent Triangle®.

	Technical	Leadership	Strategic	Total
<b>CAPM / PMP / PgMP</b>	14	0	0	14.00
<b>PMI-ACP</b>	14	0	0	14.00
<b>PMI-SP</b>	0	0	0	0.00
<b>PMI-RMP</b>	0	0	0	0.00
<b>PfMP</b>	0	0	0	0.00
<b>PMI-PBA</b>	0	0	0	0.00




