



Agenda

Click [here](#) for additional training and schedules.

Demystifying Agile: A Practical, Interactive Overview of Scrum, Kanban, and Extreme Programming

Instructor(s): Steven Martin

Prework: None

Length: 2 days

CEUs: 1.4/see below for PDU breakdown

Level: Intermediate

Training Topic: New Ways of Working

Subtopics: Agile, Program Management

Training Description:

When it comes to agile, there's more than just Scrum. With agile being more widely adopted, it's beneficial for organizations to understand the "other flavors" of agile so they can make more informed choices for approaches that can be better suited to their projects. Furthermore, organizations that are currently having difficulty implementing agile may find that they are attempting to force one flavor of agile when another is better for them.

In this highly interactive training, attendees will gain exposure to three popular agile frameworks: Scrum, Kanban, and Extreme Programming (XP). Using a combination of lecture and hands-on exercises, attendees will learn similarities and differences between each flavor of agile, including when to use each one, the benefits, key practices, roles, responsibilities, and challenges. Furthermore, learners will understand how each type of agile adheres to the *Agile Manifesto* and agile principles.

By the end of the training, learners will be able to compare and contrast Scrum, Kanban, and XP with respect to their organization so that they can determine what works best for them. Sometimes it's just one flavor, sometimes it's a melding of multiple flavors. The key with agile is to have a learning organization of experimentation and continual improvement so that whatever methodology and practices are therein selected, it helps them deliver high-value, high-quality solutions.

Whether you are just starting your agile journey or you're having trouble implementing your current agile methodology, this overview can help provide clarity on options.

Learning Objectives:

Upon completion of this training, learners will be able to:

- Learn when to use Scrum, Kanban, and XP, understanding the core concepts, benefits, and drawbacks of each.
- Recognize agile adoption failure patterns and understand what to do next as a project manager.
- Determine clear next steps for agile practices attendees are wanting to adopt or modify at their organization.

AGENDA

DAY 1

- Training Overview and Objectives
- Exercise: Howdy, Neighbor
- Question Backlog
- What’s the Problem?
- Why Agile?
- Oh, Balls
- Scrum Framework Overview
- Scrum Roles and Responsibilities
- Prioritization
- Sizing and Velocity
- Scrum Practices “Capstone”—Fruit Salad
- Scrum Implementation Considerations
- “Final” Q&A for the Day/Next Steps
- Day 1 Retrospective
- Day 1 Closeout

DAY 2

- Day 2 Kickoff
- Lean Primer
- Kanban Overview
- Flipping Out
- Kanban Implementation Considerations
- Comparing Scrum and Kanban
- Kanban Q&A
- Extreme Programming Overview
- Whatcha Doin’?—Practices Exercise
- XP Q&A
- Working in a Hybrid Agile World
- Case Study—Which Would You Use?
- Next Steps
- Course Closeout

Professional development units (PDUs) are 1-hour blocks of time spent learning, teaching others, or volunteering. By attending this training, you will be able to achieve the following PDUs as learning hours to apply for PMI certification or to maintain your certification status with PMI. [View](#) how your PDUs align with the PMI Talent Triangle®.

	Technical	Leadership	Strategic	Total
CAPM® / PMP® / PgMP®	14	0	0	14.00
PMI-ACP® / Agile*	14	0	0	14.00
PMI-SP®	0	0	0	0.00
PMI-RMP®	0	0	0	0.00
PfMP®	0	0	0	0.00
PMI-PBA®	0	0	0	0.00

**Please note that the asterisked row above applies to the PMI® Agile Certification Journey and includes DASM™, DASSM™, DAC™, and DAVSC™ certifications.*